

Stabilisation in a sagittal plane - *The first four and half months*

Course leaders Helen Terentjev and Hilary Percival

CPD hours 16

4-5th July 2020, 9 am -5 pm (Coffee and registration 8.30-9 am)
Queens' College Cambridge CB3 9ET

The neonate starts from a position of total instability. From the very first relationship with its environment at birth, the baby needs to establish the real bases of support in prone and supine positions to enable the further differentiation of motor function.

We will study:

1. Assessment of immature developmental motor patterns in the first months of life, and their connection with our learned motor behaviour at later stages of life.
2. The progression of primitive reflexes and postural reactions during this stage of life, and how to use them in rehabilitation and re-evaluation of treatment strategies and outcomes.
3. Utilisation of the understanding of the above in osteopathic practice by looking at the cranium, the temporo-mandibular joint, diaphragm and limbs.
4. Specific handling techniques to enhance the babies' progression through their own unique physiological development.

Eligibility:

1. You must be a registered osteopath who treats children and regularly uses 'cranial' as a mode of treatment.
2. You must hold full professional indemnity insurance, which covers you for studying in England, and it must be for the full duration of the course. We cannot accept any osteopath who is not adequately insured.
3. Part of the course is practical sessions where you will be expected to be a model. We will give you a form to fill, which you should complete and send back ahead of the course. This form will be shared with course tutors, and either returned to you after the course or shredded at the end of the course.
4. As we will hope to have some children on the course, you must hold a current Enhanced DBS certificate (last three years). Please provide a copy with your booking form.

Costs:

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|------------------------------------|--|
| Lectures and practicals for 2 days | £400 |
| Accommodation (per night) | £57 single occupancy room £85 double occupancy room |

We would appreciate if you could bring a portable plinth, and a yoga mat (if you are driving) – please let us know if you can. Please wear comfortable clothing as we will be doing some floor work and some osteopathy too. If you have a practice 'baby doll', it can be useful for practising handling techniques (although we have a number of dolls). We will try to arrange to see a patient being examined and treated by course leaders at some time during the day.

Booking Form for Smart-Growing Courses

Course name: Stabilisation in a sagittal plane - *The first four and half months*

Course date: 4-5 July 2020

Your name:

Address:

Telephone:

E-mail:

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|---|------|-------|
| Lecture weekend, lunches and refreshments | £400 | ----- |
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Accommodation at Queens College

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| 1 night single occupancy | £57 | ----- |
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| 1 night double occupancy | £85 | ----- |
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| 2 nights single occupancy | £114 | ----- |
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| 2 nights double occupancy | £170 | ----- |
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| Total | | ----- |
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Please confirm that you are an osteopath and are appropriately insured and that you have a DBS certificate: YES / NO

I can bring a portable plinth: YES / NO

I will bring a yoga mat: YES / NO

Please select whether you wish to pay by Paypal: YES / NO

or BACS transfer: YES / NO

Return form to courses@smart-growing.uk with your current DBS certificate. We will then send you an invoice with details to pay.